

Testimonial

Fibromyalgia, Cataracts, Diabetes, High Blood Pressure, Nerve Damage, GERD, Spastic Abductor Dysphonia

I attended the second Restoring Lives conference. It started on a Sunday night. I came in hobbling on two canes and the physicians had already fitted me for a power wheelchair for the rest of my life.

I went through the conference on Sunday and Monday. I woke up Tuesday morning, and if you've ever been through really, really bad pain, the one thing you cannot do is stretch because it hurts too badly. I usually hurt from the top of head to the toes of my feet, that's fibromyalgia. When I awoke that Tuesday morning, before I opened my eyes, the first thing I did before thinking about it, I stretched. My eyes popped open and I realized the pain was gone! It's been gone now for 3-1/2 years.

I had diabetes, high blood pressure, a stroke, spastic abductor dysphonia (vocal cord damage – I was told to learn sign language ASAP because I would permanently lose my voice), Gastroesophageal Reflux Disease (GERD), for which I had surgery for Barrett's Esophagus.

I had so many medical allergies that I was not able to take many of the medications that would have "helped" me, so I took 4-6 doses of Tylenol/day, 6-10 aspirin/day and still lived in awful pain, 3 plus pills/day for diabetes, 2 pills/day for high blood pressure, 1-4 pills/day for continuous bladder infections and 4-6 pills/day for GERD, for which I had surgery for Barrett's Esophagus.

Since March 1, 2008, I went through two cataract surgeries, moderate to severe cataracts. When they examined my eyes to do the cataract surgery, I was legally blind without glasses. I had 23/50 in one eye and 24/50 in the other. They recommended, on top of the poor vision, I had such severe astigmatism, they wanted to try a fairly new lens on me called a toric lens. They operated on my weakest eye first, which is my left eye. When they took the bandage off the day after they put in the new lens, I started to cry. They asked me what was wrong. I told them it was the first time I had seen clearly out of that eye since I was 12 years old. It was incredible!

A month later they operated on my right eye. The right eye has taken a little longer to heal, it was the stronger of my eyes, but it was also the more severe. Today I had my



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last eye exam and the doctors gave me more information than I realized. Because my vision was so severe, they expected me to do no more than 20/40, 20/60, or 20/100 vision, and would have to wear glasses, not as thick as the ones I had been wearing. Everyone seemed to be blown away that my vision is now 20/25 in my left eye, and 20/30 in my right eye. They told me they could not understand it, because these lens should not be able to correct that well. I pointed upward, crying and telling them it was God. Man helped, but the final word was God's and now I don't have to wear anything but reading glasses.

The surgery was great and the doctors were awesome, but the healer was and is God. He heals your body, mind and spirit.

Today, I take 3 pills, plus 3 over-the-counter pills/day, period!!! I am no longer in pain, I can speak and I realize that self-pity is the superglue to the past (that's where Satan would love to keep us). I just joined the YMCA, and Saturday, I swam 15 laps for the first time in 32 years.

All of this pales in comparison to the fact that God is my almighty best friend, and I love Him and He loves me. If this helps one person, we win.



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Page 2 of 2