

Testimonial

Migraines, severe allergies, rejection, sinus infections

It was October of 2004 and I was told about this conference and that it might be a good idea if I went to it. It was called “The More Excellent Way” and these people told me what it was about and I was thinking no way – God doesn’t use formulas and this sure sounds like a formula – I said no this is not for me.

Well in Nov. of 2004 I forgot that the conference was going to be at my church and I showed up to our regular Thursday night service. After worship I decided to stay and hear what they had to say. I was blown away by the teaching, then came the ministry time and I was surprised at what I was seeing and started praying for the people not knowing that I was supposed just to be receiving for myself so.... Not listening to what was being said Bryn called out something and I started coughing really bad for about 20 seconds and then stopped. I went, “Wow what was that”, and decided to go the following night. After that night I knew I had to go to the whole conference and was actually looking forward to it.

Little did I know that after that Thursday night my migraines were gone! I was on medication for migraines due to severe allergies – not any longer. Before the conference I was having migraines 28 of 30 days a month. After a few years of this I started food supplements and that reduced the migraines to 3 to 4 a week. These migraines at times were so intense that on several occasions people caught me because I would black-out while I was standing. I found out that the cause of these migraines and severe allergies was traumatic rejection when I was a child.

When I was in the second grade my normal routine was visiting the bathroom and to get a glass of water each night around 2am. Ok, stay with me now. This one particular night when I was getting a drink of water a witch materialized behind me. I saw it like I am seeing you now. It realized I could see it and then sneered at me and left out the bathroom door.

I don’t need to tell how terrified I was about this. Nothing like this ever happened to me before nor had I ever told anyone anything like this before. I was not one to make up stories.

The next morning at the breakfast table I told my family what had happened to me the night before. Their response was they busted out with laughter and teasing – rejection, tormenting rejection. I started crying and the more they laugh the harder I cried. At this



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point my dad said” why are you crying? You have no reason to cry! If you don’t stop crying I will give you a reason to cry!”

With this I started to shut down my feelings and with the ongoing intimidation of my siblings I developed a defeatist attitude. I felt completely **rejected** by my family and I lost my best friend at the same time – my brother.

This rejection made me feel that no one wanted me around and that I didn’t matter – I was nothing!

Later in my life during the holidays I stayed up in my room and my family had to come and get me to join in. With the help of the enemy what I was thinking was they are just being nice because I was in the house and that they felt obligated to get me to join in just because I was there, but I “knew” that I wasn’t really wanted.

Because of the **rejection** I wanted to die – but I heard a voice in my head saying “This is your punishment you are going to live out a long live on this planet all alone!”

During this time accusation came and I was accused of something at the church I was attending which resulted in me further shutting down and leaving the church because I couldn’t see any way to solve the situation other than running away. “OK GOD. If this is the way it is going to be then I don’t want it.” I was gone for 12 years.

Through my little sister’s invitation God drew me back and I went to a church service. I began attending regularly at my current church in September 2004 where I heard and stumbled into the conference in November as I have mentioned.

In January of 2005 my Pastor, who had already been through the conference, called me to the front after the service was over. He said he felt that he needed to stand in the place of my father and former church. Then he did the Father’s love with me and he ministered the pastors’ love and acceptance back into the church and took responsibility for the way my old church treated me. My body collapsed as the Holy Spirit ministered deep healing to me.

In Jan. of 2005 I attended the full conference. The rough night for me was the night of **rejection**. That night I was just tired and wanted to get rid of this stuff once and for all! After the teaching my prayer that night was “God I want this all this stuff gone now, I don’t care about how much it hurts or how much it is going to cost me! I want it all gone tonight once and for all!”



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I believe that I heard him tell me “If I do that – you will die!” That is when I realized the extent of the **rejection** I had gone through in my life. So I replied “Ok then take as much as I can handle.”

With that I walked over to John Wood and all I could say was “Help!” and then collapsed into his arms and stayed there though the ministry time. I could tell things were leaving and as they did the Father’s Love was pouring in through John.

3 weeks later Mike and Bryn started the 1st root group. It was during the root group, on the week when the teaching was on rejection that a situation came up and I was accused of the same thing I was **accused** of at my former church.

Within a day I was consumed with shame (a **rejection** underling) and it was as if I had actually done what I was **accused** of when in reality I did not. Because I recognized what it was and with help from others I resisted it and it had to leave. What kept me bound for 12 years previously was gone in less than 12 days?

Two weeks later I noticed something very strange. At bed time my nose was very clear, which was unusual, but I knew from pas experience that if I didn’t take any medication I would be awake in 2 – 3 hours with a bloody nose then wake up the next morning with my eyes swelled shut. The **allergy** medications I was on was flonase, benydryl and trinalin which are not supposed to be taken together but that was the only way I could get to sleep. So I took my medication and got clogged up and it took an hour to drain. This was backwards!

Well I thought that was strange so I decided that since I had a 4 day holiday coming up I would try going to bed with no medication to see what would happen. I woke the next morning totally clear and tried this for the next 3 mornings with even better results. Easter 2005 was the last time I took my allergy medications. This spring the transformation was confirmed by the Allergist group who was treating me for the past 15 years. I go back to actually see the Allergist in April next year and if the Lord wills I expect to be totally discharged from the clinic!

Now it tried to come back several times but I just told it wasn’t allowed and that it had no legal right anymore and within 10 minutes I was totally clear. No more **migraines**, no more **allergies** and **sinus infections** dropped from one every 6 -8 weeks in my past to 2 within the last year and a half.



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The root group is what finished what God had started weeks before. I was not looking to get healed and wasn't expecting it at all – I got right with God and he just healed me any way. How serious are you to get right with God? He will meet you if you just reach out. Don't give up or get discouraged. Get right with God and He will take care of all of your needs – even ones you don't know about.

“For He knows your afflictions and heals all your diseases.”



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